



WARM UP AREA

1. Be ready at A, Jog, Lope right lead
2. Jog, Jog very small circle
3. Ext. Jog, Jog, stop.
4. 180° turn (opt. r/l).

5. Walk, Jog.
6. Lope right lead, Lope circle .
7. Walk, stop.
8. Back

Walk to warm up area.

	Back
	Lope
	ext. Lope
	Jog
	Ext. Jog
	Walk
	Lead change flying/simple