



Start

WARM UP AREA

1. Be ready at A, Walk Slalom
2. Jog, Jog very small circle
3. Lope right lead, Lope circle .
4. Jog, stop

5. Back
6. 180°turn ( opt. r/l).

Walk to warm up area.

	Back
	Lope
	ext. Lope
	Jog
	Ext. Jog
	Walk
	Lead change flying/simple