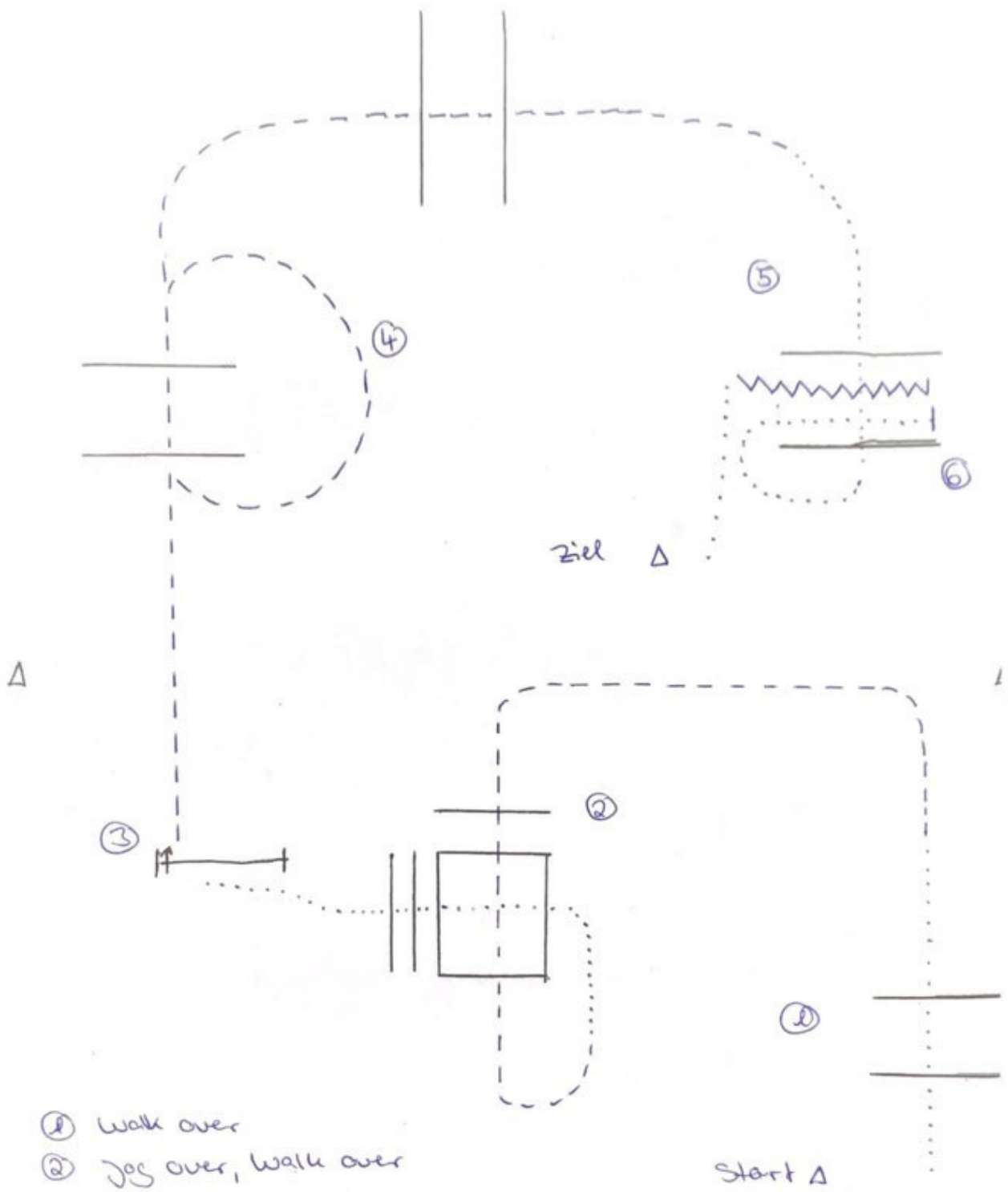


WT - Traif



- ① Walk over
- ② Jog over, Walk over
- ③ Jog
- ④ Jog over, Volte, Jog over
- ⑤ Walk over
- ⑥ Walk in, Back up
im Walk zum Ziel

Start Δ

.....	Walk / Schritt
---	Jog / Trabs
~~~~~	Back up / Rückwärts