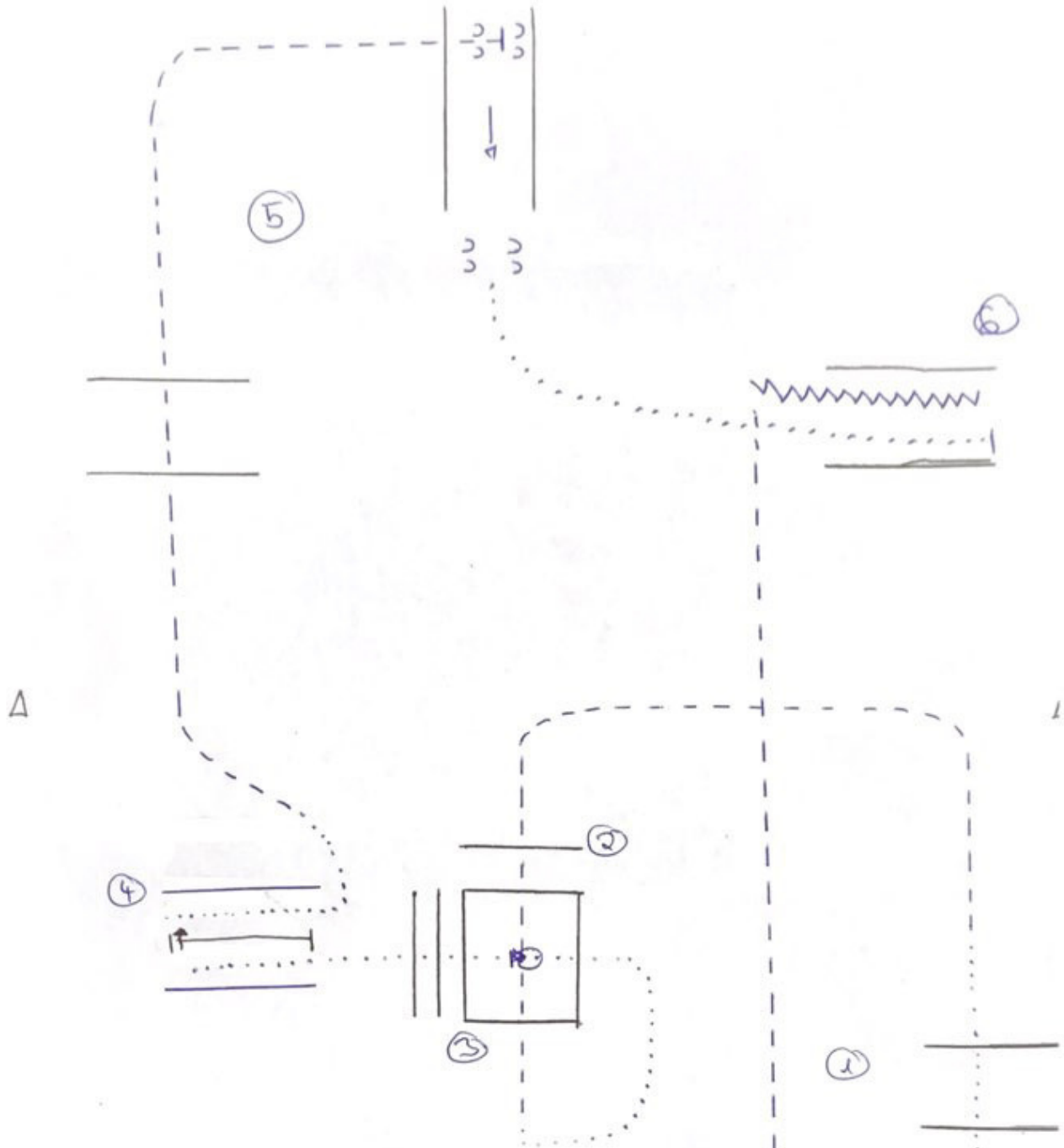


# Trail in Hand



- ① Walk over
- ② Jog over
- ③ Walk in, Drehung rechts 360 Grad, Walk out
- ④ Tor
- ⑤ Jog over, Jog in, Sidepass rechts
- ⑥ Walk in, Back up im Jog zum Ziel

.....	Walk / Schritt
----	Jog / Trab
~~~~	Back up / Rückwärts
==>	Sidepass / Seitwärts